ABSTRACT OF THE INVENTION

[0037] A medication dispenser is provided which includes compartments uniquely arranged with respect to time, for example, by time of day and/or day of week. Each compartment may contain pills in accordance with a pharmaceutical regimen such that consuming the pills within the compartments at the appropriate time as arranged with respect to time may maintain a patient's compliance with the pharmaceutical regimen. Additionally, a medication compliance and management method is provided which includes the steps of a) reviewing a pharmaceutical regimen of a patient to reduce a complexity of the pharmaceutical regimen, b) providing a quantity of medication dispensers in accordance with the reviewed pharmaceutical regimen with pills of the pharmaceutical regimen organized within the medication dispensers to further reduce the complexity of the pharmaceutical regimen, c) tracking the quantity of provided medication dispensers to determine when the quantity of medication dispensers will be depleted, d) contacting a prescribing doctor to obtain authorization to refill additional medication dispensers, and e) delivering refilled medication dispensers to the patient.